

# Sample Lesson from SMART ART IDEAS

## About This Book

*Smart Art Ideas* is a unique collection of exciting art activities that helps children meet important developmental goals, while helping adults understand the learning that takes place through art. Developmental outcomes are clearly outlined in each lesson, describing the cognitive, emotional, social,

physical and language benefits provided by the activities. Important ideas about the value of art in child development are also discussed in the three insightful introductory articles.



Available from  
Item #: SMARTART \$6.95

"*Smart Art* links fun after-school activities to the four developmental areas. Those who hold programs accountable for improving academic achievement will see that all areas of development are being exercised in these activities, creating a synergy which helps children achieve and grow as students—and as happy kids."

—Rich Scofield, our late and beloved friend  
School-Age NOTES, Inc.

"Art is a central piece of quality afterschool programming and a skill professionals in the field can hone with the innovative activities suggested in *Smart Art*. With clear child and youth development out his book supports unique enrichment activities in afterschool programs."

—Darci Smith, Executive Director  
California School-Age Consortium

"Outcomes are so important these days in after school settings. These wonderful lessons are full of tips that will help staff understand the true value of arts and crafts in child development."

—Marty Young, Assistant to the C.E.O.  
FOUNDATIONS

SMART ART by Anna Reyner, MA



Share ideas with Anna  
areyner@excellencemail.com



SMART  
LESSON PLANS

### MATERIALS

- ✓ Liquid Watercolor™ Mat material
- ✓ Liquid Watercolor™
- ✓ Gold and silver Liquid Watercolor™
- ✓ Large spray bottles (pre-filled)
- ✓ Stencils

### Optional:

- ✓ Textured foam rollers

✓ = in Discount School Supply catalog

### OUTCOMES

*Art is good brain food! This art idea helps children develop:*

#### Cognitive/Thinking Skills

Large scale planning and adapting  
Problem solving  
Spatial relations skills

#### Emotional/Feeling Skills

Sensory pleasure  
Motor pleasure  
Emotional release

#### Social/Relating Skills

Works together cooperatively  
Shares materials, waits turn

#### Physical/Coordinating Skills

Fine motor skills: grasp/spray  
Gross motor skills: large scale  
Plans and adapts to large scale

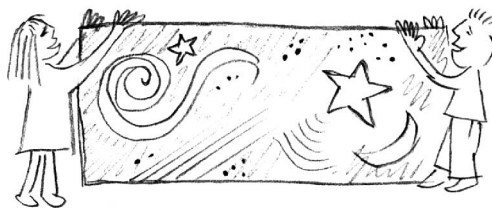
#### Literacy & Language Development

Follows multi-step directions  
Plans and develops content/theme  
Learns new vocabulary words

Ages  
4-12

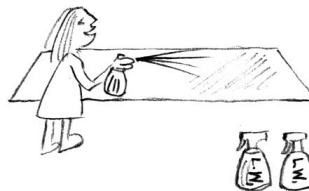
20-40  
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## Color Spray Mural



### STEP 1: Paint Light Basecoat

Spray light basecoat of colors over entire mat, using large sweeping motion and 3-5 colors.



### STEP 2: Apply Stencils

Lay 2-3 stencils onto basecoat and spray with other colors. Reposition, overlap stencils and spray again, changing colors.



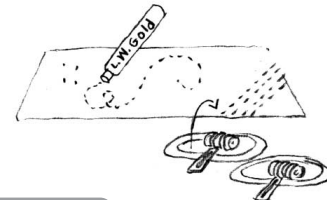
### STEP 3: Drizzle on Darker Outlines

Drizzle a bit of Liquid Watercolor™ directly from the bottle using large sweeping arm movements, for dark contrasting outlines and "movement."



### STEP 4: Add Silver and Gold Accents

Drizzle gold and silver Liquid Watercolor™ from the bottles. Mix gold with yellow and silver with blue on separate paper plates. Roll on metallic mix with textured foam rollers.



### CLASSROOM TIPS

#### Extensions

Spray paint over ferns, willow branches or lacy grasses. Make a paper quilt: Pre-cut 8" squares and piece together with colored masking tape (or glue onto mat). Alternate squares with coffee filter circles. Make theater curtains or room partitions. Create potpourri holders: Paint squares and gather with yarn at top. Make impressive fundraisers for auctions. Decorate hallways. Celebrate the seasons.

#### Vocabulary

Line, Shape, Color, Texture, Volume, Rhythm, Primary Colors, Secondary Colors